

MONTHLY INCOME AND EXPENSES		
STEP 1 – CALCULATION OF MONTHLY INCOME	SELF	SPOUSE
Net pay from employment (Attach Pay Statement)	\$	\$
Employment Insurance Benefits (Attach Pay Statement)	\$	\$
Family Allowance	\$	\$
Alimony or Support Payments	\$	\$
Social Assistance	\$	\$
Other Sources (specify)	\$	\$
Subtotal	\$	\$
Deduct: Alimony/Child Support Payments	\$ -	\$ -
Total Net Take Home Pay For Family	\$	
STEP 2 – CALCULATION OF MONTHLY EXPENSES		
SHELTER		
Rent/Mortgage	\$	
Property Taxes/Condo Fees/Lot Rent	\$	
Heating/Propane/Oil	\$	
Telephone/Internet	\$	
Cable/Satellite	\$	
Electricity	\$	
Water	\$	
Furniture	\$	
PERSONAL EXPENSES		
Smoking	\$	
Dining/Lunches/Restaurants	\$	
Entertainment/Sports	\$	
Gifts/Donations	\$	
Babysitting/Child Care	\$	
Allowances	\$	
MEDICAL EXPENSES		
Prescriptions	\$	
Dental/Optical	\$	
LIVING EXPENSES		
Food/Grocery	\$	
Laundry/Dry Cleaning	\$	
Grooming/Toiletries	\$	
Clothing	\$	
TRANSPORTATION EXPENSES		
Car Payment/Lease	\$	
Repair/Maintenance/Gas	\$	
Public Transit/Tokens	\$	
INSURANCE EXPENSES		
Vehicle	\$	
House	\$	
Furniture/Contents	\$	
Life	\$	
MISCELLANEOUS		
Other (describe)	\$	
TOTAL MONTHLY EXPENSES	\$	
STEP 3 – DIFFERENCE BETWEEN INCOME & EXPENSES		
	\$	

Assets	Description/Location	Current value	Trustee Use
Cash on hand			
Bank accounts			
Furniture and appliances			
Personal effects			
Life Insurance policies			
Stocks			
Bonds			
RRSP			
Other investments			
Real estate (House, cottage, land)	Legal Description		
Vehicle (Year, Make, Model)			
Vehicle (Year, Make, Model)			
Motorcycle (Year, Make, Model)			
Snowmobile (Year, Make, Model)			
Other vehicles (Year, Make, Model)			
Recreational equipment (Year, Make, Model)			
Collections, Jewellery, Camera Equipment, etc			
Tools of trade			
Other assets (Description)			

